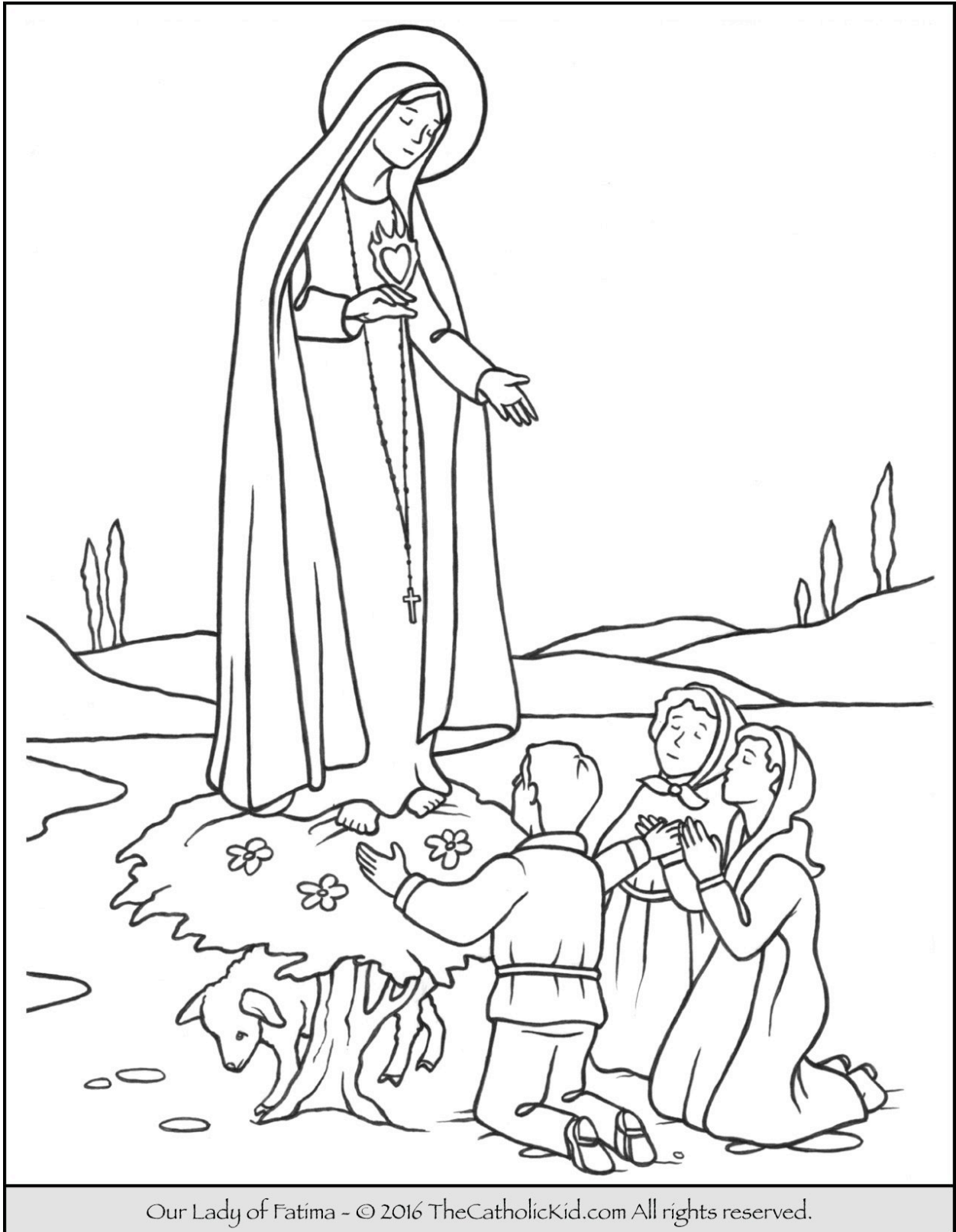


Kneel: Welcome children to the space, talk about where Jesus is, how we can quiet our minds and hearts and bodies to be with Him. Say a prayer or two as a group (like a prayer from the Fatima apparition). Maybe sing a song if the children want. Have a small moment of silence, encouraging children to bring a petition before God at this time if they so desire.	
Sit: Briefly touch on the part of the liturgical year that we are in, perhaps singing a song for the liturgical time. Read from one of the Scriptures that we will hear on Sunday at Mass.	
Prostration: spend a brief period of time in silent prostration before God	
Kneel: sing a song as a group (Sanctuary, Come into my Heart, etc.)	
Sit: discuss a saint that we will celebrate in the coming weeks	
Kneel: pray the Litany of the Saints as a group, where every person takes a turn saying a saint's name	
Prostration	
Sit: meditate on a short Scripture passage that we have recently heard at Mass and/or one that fits with where we are in the liturgical year	
Kneel: Pray a decade of the Rosary as a group	
Sit: sing a song as a group, perhaps pray the Litany of the Sacred Heart (since our Adoration hour is always on First Friday, a day devoted to the Sacred Heart)	
Prostration	
Sit: a short moment of silence as we thank God for this time with Him and for all of His gifts, perhaps sing another song as a group	
Kneel: pray the Divine Praises as a group, then say a prayer for the Pope together (we usually do one Our Father, Hail Mary, and Glory Be)	
Sign of the Cross to end the hour	



Our Lady of Fatima - © 2016 TheCatholicKid.com All rights reserved.